

Erwartungen religiöser Patienten an die Psychotherapie

Prof. Dr. med. Samuel Pfeifer

Die folgende Präsentation ist Teil des Unterrichtsmaterials für das

Modul TM305

Psychotherapie und Seelsorge im Dialog

im Rahmen des Masterstudiums «Religion und Psychotherapie» an
der Evangelischen Hochschule Tabor in Marburg

www.studium-religion-psychotherapie.de

M.A. Religion & Psychotherapie

AN DER EV. HOCHSCHULE TABOR IN MARBURG



«Mein Anliegen: Fachliche Kompetenz, christliche Werte, Kommunikation in einer pluralen Welt»

PROF. DR. SAMUEL PFEIFER

berufsbegleitend
auch einzelne Module



www.studium-religion-psychotherapie.de

christian counseling charismatic



Alle

Bilder

Maps

News

Shopping

Mehr ▾

Suchoptionen

Ungefähr 698'000 Ergebnisse (0.55 Sekunden)

Making Christian Counseling Christ-Centered: The Role of the Holy ...

enrichmentjournal.ag.org/201003/201003_028_christ-cent.cfm ▾ Diese Seite übersetzen

Unfortunately, this is how some people define **Christian counseling**. resources for the counselor, particularly for those who are Pentecostal or **charismatic**.

Christian Counseling and Occultism (Koch)

<https://books.google.ch/books?isbn=0825494214> - Diese Seite übersetzen

Kurt E. Koch - 1965 - Counseling

Nor can lack of technical knowledge be made up for by **charisma**. ... have shown that **charismatic** equipment is the heart of the matter in **Christian counselling**.

Should a Christian go to counseling with a secular therapist? - Patheos

www.patheos.com/.../should-a-christian-go-to-counseling-with-a-... ▾ Diese Seite übersetzen

06.06.2013 - Much **Christian counseling** today assumes too much of people. Hoping to get some answers to my **Charismatic** questions now....off to read ...

Christian Counselors Sue Over Gay-to-Straight ... - Charisma News

www.charismanews.com/.../40780-christian-counselors-sue-over-... ▾ Diese Seite übersetzen

27.08.2013 - The law, signed by Gov. Chris Christie on Aug. 19, bars any licensed **therapist**, **psychologist**, social worker or counselor from using therapies to ...

American Association of Christian Counselors » Search Results ...

aacc.net/?s=charismatic ▾ Diese Seite übersetzen

Christian Counseling and Essential Biblical Principles ... has stretched across theological and doctrinal lines from the **charismatic** to the anticharismatic [...].

SEARCH

Get Patheos Evangelical Newsletters

SUBSCRIBE

Follow Patheos
Evangelical:



HOME

ABOUT

ADRIAN'S BOOKS

ADRIAN ON TV

DEBATES

LEADERS

SERIES

SERMONS

« [The four pillars of mental health and wellbeing](#)

[A Father's Day Sermon Idea](#) »

Should a Christian go to counseling with a secular therapist?

June 6, 2013 by [Adrian Warnock](#) [11 Comments](#)

This is a question that I know troubles many Christians. Some believe that secular counseling has no place, and that Bible-based pastoral care is all that is needed to bring about change in people, whatever their problems. Others believe that a Christian counsellor should be used, and that such a counselor should integrate both Biblical concepts and theories from their secular training. Still others feel that if a

JOIN PATHEOS INSIDER!

Erwartungen gläubiger Patienten an die PT (Belaire & Young 2005)

Expectancies Scale

Description	<i>M</i>	<i>SD</i>	Median	Mode
Use religious language	4.43	2.15	5	7
Use religious examples, stories, or parables	5.00	1.95	6	7
Pray with me	5.53	2.02	7	7
Have different religious beliefs than I do	3.02	2.00	3	1
Challenge my religious beliefs	2.00	1.81	1	1
Focus on my spiritual growth	4.48	2.10	5	5
Be familiar with my religious practices and beliefs	4.80	2.19	5	7
Ignore my religious beliefs	1.53	1.33	1	1
Use scripture	5.03	2.13	6	7
Refer me to clergy for religious issues	4.56	2.43	5	7
Address religious issues in counseling	4.00	2.17	4	1

Belaire C & Young JS (2005). Inclusion of Religious Behaviors and Attitudes in Counseling: Expectations of Conservative Christians. Counseling & Values 49:82-94.

Erwartungen gläubiger Patienten an die PT (Belaire & Young 2005)

Address religious issues in counseling	4.00	2.17	4	1
Treat my religious beliefs and experiences as a problem	1.53	1.18	1	1
Give homework using scripture	3.72	2.12	4	1
Involve my minister/pastor in counseling	4.08	2.34	4	1
Try to change my religious beliefs	1.36	1.18	1	1
Tell me about his or her own religious beliefs	2.91	2.03	2	1
Integrate religion into my treatment	4.85	1.95	5	7
Recommend behaviors or solutions that I consider immoral	1.49	1.16	1	1
Respect my religious autonomy	6.26	1.32	7	7
Be accepting of my religious beliefs and practices	5.53	1.91	6	7
Have an open attitude toward religion	5.08	2.08	6	7
Have a negative attitude toward religion	1.30	0.99	1	1
Assume that I share values of nonreligious people	1.63	1.31	1	1
Doubt the usefulness of learning from God through prayer and scripture	1.42	1.31	1	1

Belaire C & Young JS (2005). Inclusion of Religious Behaviors and Attitudes in Counseling: Expectations of Conservative Christians. Counseling & Values 49:82-94.

Eine deutsche Studie 2017

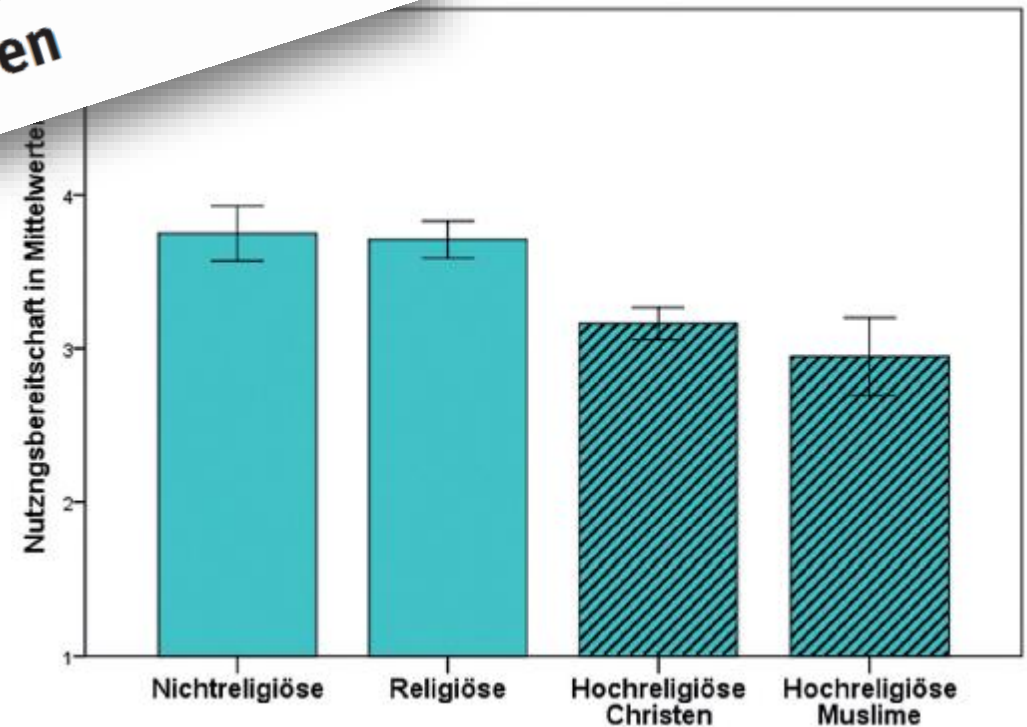
Spiritual Care 2017; 6(1): 57-68

DE GRUYTER

Originalia

Valeska Stephan* und Michael Utsch

Der Einfluss von Religiosität auf die Bereitschaft, Psychotherapie in Anspruch zu nehmen



Spirituelle Faktoren in der Problemverarbeitung



- » Warum ist diese Angst aufgetreten?
 - A) *Spirituelle Zusammenhänge*
 - B) *Lebensgeschichtliche Zusammenhänge*
- » WOZU könnte diese Krise sinnvoll sein?
 - *Was will Gott mir sagen?*
- » Leiden wird bio-psycho-sozial verarbeitet / erklärt;
 - *aber Coping im spirituellen Kontext (Fürbittegebet, Heilungsgebet, geistlicher Zuspruch, ermutigende Predigt; etc.)*
- » psychosomatische Reaktionen
 - *Beispiel: ein Lehrer erleidet vor der Klasse einen kurzen Bewusstlosigkeitsanfall --- Notfallstation; Hintergrund: seine Frau hat ihn mit 2 Kindern verlassen, beide sind aktive Christen.*
- » posttraumatische Reaktionen

Studie: Welche Interventionen sind «erlaubt»?

- Spirituelle Anamnese
- Gebet (in welchem Kontext, mit welchen Rahmenbedingungen?)
- Spirituelle Achtsamkeitsübungen, Meditation
- Kerze anzünden, andere religiöse Symbole, Räucherstäbchen
- Hände auflegen, Energie vermitteln
- Mitgeben eines Amuletts (Übergangsobjekt)
- Zitate aus dem Koran?
- Anregen von Vergewissung / Dankbarkeit?
- Diskussion von moralischem Verhalten / Schuld?
- Diskussion religiöser Lehren und ihrer Bedeutung
- Christliche Rituale: Handauflegen, Salbung mit Öl, Abendmahl
- Anleitung zur Abwehr böser Energien / Geister





Praktische Integration der Spiritualität in der Praxis

Prof. Dr. med. Samuel Pfeifer

www.studium-religion-psychotherapie.de



Literatur

- » Aten JD, McMinn MR, Worthington EL (eds) Spiritually oriented interventions for counseling and psychotherapy. American Psychological Association, Washington DC.
- » Bener DG (2014). Kraftvolle Seelsorge. Die wichtigsten Wege, um gott zu erfahren und Menschen zu begleiten. Brunnen, Basel.
- » Griffith J (2013). Religion hilft, Religion schadet: Wie der Glaube unsere Gesundheit beeinflusst. Darmstadt: Wissenschaftliche Buchgesellschaft.
- » Pargament KI (2007). Spiritually Integrated Psychotherapy. Understanding and Addressing the Sacred. London: Guilford.
- » Plante TG (2007) Integrating spirituality and psychotherapy: ethical issues and principles to consider. Journal of Clinical Psychology 63:891-902.
- » Popovsky MA (2010). Special issues in the care of ultra-orthodox jewish psychiatric in-patients. Transcultural Psychiatry 47:647-672.
- » Post BC (2010). Religious and spiritual issues in group counseling: Clients' beliefs and preferences. Graduate Theses and Dissertations. Paper 11318 (Freier Download aus dem Internet).
- » Rose E, Westefeld J, Ansley T (2001) Spiritual issues in counseling: Clients' beliefs and preferences. Journal of Counseling Psychology 48:61-71.
- » Belaire C & Young JS (2005). Inclusion of Religious Behaviors and Attitudes in Counseling: Expectations of Conservative Christians. Counseling & Values 49:82-94.